APAGE 2020-2021 ANNUAL NEWSLETTER



THE ASIA-PACIFIC ASSOCIATION FOR GYNECOLOGIC ENDOSCOPY & MINIMALLY INVASIVE THERAPY



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APAGE Future Events

	:
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APAGE Reproductive Workshop Hands-on Course in conjunction with the TSGE Virtual Annual Meeting November 24-26, 2021 Online	APAGE Beijing Regional Meeting (TBA) May, 2022 Beijing, China
APAGE & SFMIH Single-Port and NOTES Animal Hands-on Workshop December 3-5, 2021 Shanghai, China	APAGE Guangzhou Regional Meeting (TBA) May, 2022 Guangzhou, China
The 9th APAGE-Tongi Gynecologic Minimally Invasive Surgery and Oncology Forums (TBA) 2021 Online	APAGE North East China Regional Meeting (TBA) June, 2022 Shenyang, China
APAGE & TAMIG Reproductive & Endometriosis Hands-on Workshop (Tentative) January 8-9, 2022 IRCAD-AITS, Taiwan	Minimally Invasive Surgery Workshop in Inner Mongolia (TBA) July, 2022 Inner Mongolia, China
AAGL & APAGE & JSGOE Webinar Series (TBA) 2022 Online	22 nd APAGE Annual Congress September 29 – October 2, 2022 Taipei, Taiwan

The Statement of APAGE for LACC Study

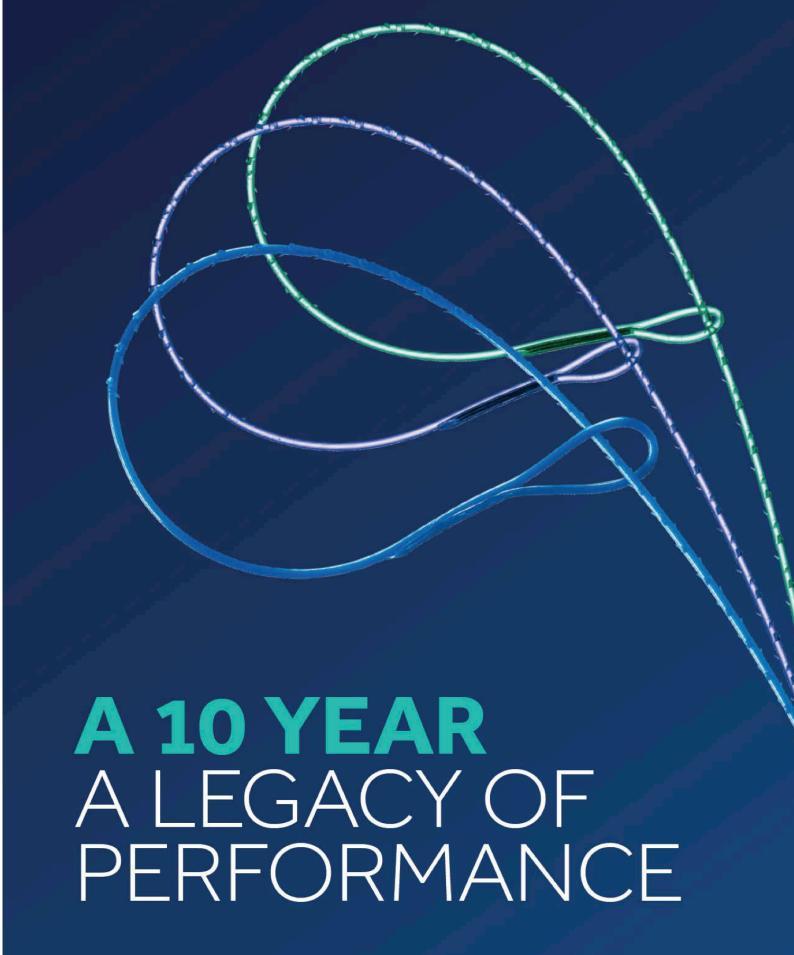
Chyi-Long Lee¹, Kuan-Gen Huang², Joo- Hyun Nam³, Peter C Lim⁴, Felix Wong Wu Shun⁵, Keen Whye Lee⁶, Hiroyuki Kanao⁷, Yoichi Aoki⁷, Nobuhiro Takeshima⁷, Wachyu Hadisaputra⁸, Zhiqing Liang⁹, Wisit Supakarapongkul¹⁰, Kung-Liahng Wang¹¹

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- ⁶ Gleneagles Medical Centre, Singapore
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- ⁸ Department of Obstetrics and Gynecology, Faculty of Medicine, Universitas Indonesia, West Java, Indonesia
- 9 Department of Obstetrics and Gynecology, Southwestern Hospital, Third Military Medical University, Chongqing, China
- ¹⁰ National Cancer Institute of Thailand, Bangkok, Thailand
- 11 Department of Obstetrics and Gynecology, Mackay Memorial Hospital, Taipei, Taiwan
- 1. APAGE holds different opinions on the conclusion of the study (N Engl J Med 2018 Nov 15;379(20):1905-1914).
- 2. The clinical trial should be more rigorous. Surgeons' capability is a critical factor in the success of surgical cases. The study, however, has not taken that into consideration. On the face value, the LACC involved 33 centers worldwide, but only 631 patients were enrolled. It means only 19 patients per center on the average. Numerically, the 19 patients were collected over a 9-year period. It is 2.1 patients per year. This LACC study is a gross misrepresentation of the current state of early cervical cancer surgery.
- 3. The surgeon's performance of RH is not standardized. The surgical experience gained from ten laparoscopic operations pales in comparison to experience gained from possibly hundreds of laparotomy performed by surgeons. A surgeon generally begins by learning laparotomy first and therefore has been much more skilled at laparotomy than Minimally Invasive Therapy (MTT).
- 4. The degree of radicality in RH will influence the outcomes. As the surgeon's surgical skills improved gradually in minimally invasive surgery, surgical results and patient survival will be comparable if not better than open RH.

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- 5. Surgical instruments, techniques, and concepts have seen much advancement. Newly improved instrument is an important factor in surgical outcomes. This study, however, has not taken that into consideration.
- 6. RH is an exceedingly complex surgery which requires a steep learning curve. Mastering this procedure is what differentiates gynecologic oncologic surgeons from other surgical specialties. Performing this procedure either via laparoscopically or robotically is even a much steeper learning curve. The radicality of this procedure has not been completely standardized particularly of the parametrial dissection which may contribute to the variability of the outcomes that are observed in the LACC trial as this was not standardized.
- 7. There are not enough data to show the outcomes in the LACC study. Lower recurrence rate and higher survival rate even in the laparotomic group can be found in the study due to short follow-up period. As the majority of gynecologic oncologists still cannot perform laparoscopic oncologic surgeries well, this type of study should be composed with careful selection of clinical trials.
- 8. Laparoscopy is comparably young compared to laparotomy. Making a change is always a challenge. This one finding in LACC should not tarnish previous studies that demonstrate possible advantages of laparoscopy.
- 9. Training and continuing education are crucial to the capacity of surgeons. Therefore, accreditation of qualified surgeons plays an important role for the safety of patients.
- 10. Cooperation in training for the method of RH is urgent. Since the number of patients with cervical cancer in each teaching hospital is not sufficient, cooperation in training and education between Asia and worldwide is necessary.
- 11. Minimally invasive surgery is the treatment of choice for patients with endometrial cancer. Minimally invasive surgery for patients with cervical cancer should be performed by qualified surgeons.
- 12. Owing to the obvious bias in this LACC study, APAGE suggests that the gynecologists should point out the bias in the LACC trial and apply the data from qualified minimally invasive surgery centers instead.

(Gynecology and Minimally Invasive Therapy 8 (2019) 91-93)



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Wound Closure Device

About APAGE



Asia-Pacific The Association for Gynecologic Endoscopy and Minimally Invasive Therapy (APAGE) was officially formed in 2003 by a group of eight devoted endoscopists < Prof. Chyi-Long Lee, Prof. Prashant Mangeshikar, Prof. Keen Whye Lee, Prof. Yasuyoshi Hayashi (Bao-Liang Lin), Prof. C.Y. Liu, Prof. Felix Wong, Prof. Joo-Hyun Nam, Prof. Pong Mo Yuen> in the Asia-Pacific region who recognize the needs to share research achievements and further

professional trainings in gynecological endoscopy.

APAGE represents over 15 associations in the gynecologic field worldwide, and provides various scientific and educational activities for doctors. Since 2004, the APAGE Annual Congress has been the largest gynecologic meeting in the Asia-Pacific region. It holds congresses in conjunction with its affiliated societies, which are becoming increasingly popular within this region. Furthermore, it has launched its laparoscopic gynecologic oncology surgery and hands-on animal workshop since 2006 to provide all experts in the region with practical trainings and a platform to exchange their experiences. APAGE endeavors to promote educational exchanges between hospitals and countries; more than 200 doctors have completed APAGE's training program. In 2007, the idea of regional meeting was brought out for connecting the diverse professional interests and needs of different countries in the Asia-Pacific Region. Moreover, the association has started its single-incision laparoscopy surgery workshop and robotics master course in gynecology in 2011. It announced the publication of its official journal, "Gynecology and Minimally Invasive Therapy" in 2012 to offer doctors in this region an open forum to share their latest academic research achievements. Finally, starting from 2014, APAGE has associated with AITS-IRCAD Taiwan on organizing reproductive surgery workshops focusing on hysteroscopy training.

Over the past 18 years, APAGE has gathered a number of inspiring topics and expertise as its goal is to provide a platform for gynecologists who desire to enhance their surgical skills and knowledge. As for the continuously research and practice, laparoscopic gynecologic surgery has gained popularity due to developments in illumination and instrumentation that led to the emergence of laparoscopy as a credible diagnostic as well as therapeutic intervention. APAGE is honored to share some of the responsibilities to make contributions to both the medical field and the public. The progress is non-stopped; we welcome everyone to join us and assist to lead an impetus to the field of minimally invasive gynecologic surgery.

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The APAGE International Board Members



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China
Chinese Gynecological Endoscopic
Group (CGEG)
Enlan Xia, M.D.



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The Hong Kong Gynaecological
Endoscopy Society
Wilfred Wong, M.D.



India
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Gynaecological Endoscopists (IAGE)
S Krishnakumar, M.D.



Indonesia
Indonesian Gynecological
Endoscopy Society (IGES)
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Japan
Japan Society of Gynecologic and
Obstetric Endoscopy and Minimally
Invasive Therapy (JSGOE)
Yutaka Osuga, M.D., Ph.D



Korea
Korean Society of Gynecologic
Endoscopy (KSGE)
Young Tae Kim, M.D., Ph.D.



Macau
Association of Obstetric and
Gynecology of Macau (AOGM)
Keong Wong, M.D.



Malaysia
Gynaecological Endoscopic Society
of Malaysia (GESM)
Wan Ahmad Hazim, M.D.



Myanmar

Myanmar Medical Association

(MMA) – Obstetrical and

Gynaecological Society

Aye Aung, M.D. Ph.D.



Philippines
Philippine Society for Gynecologic
Endoscopy (PSGE)
Maria Antonia E. Habana, M.D.



Taiwan
Taiwan Association for Minimally
Invasive Gynecology (TAMIG)
Chi-Chang Chang, M.D., Ph.D.

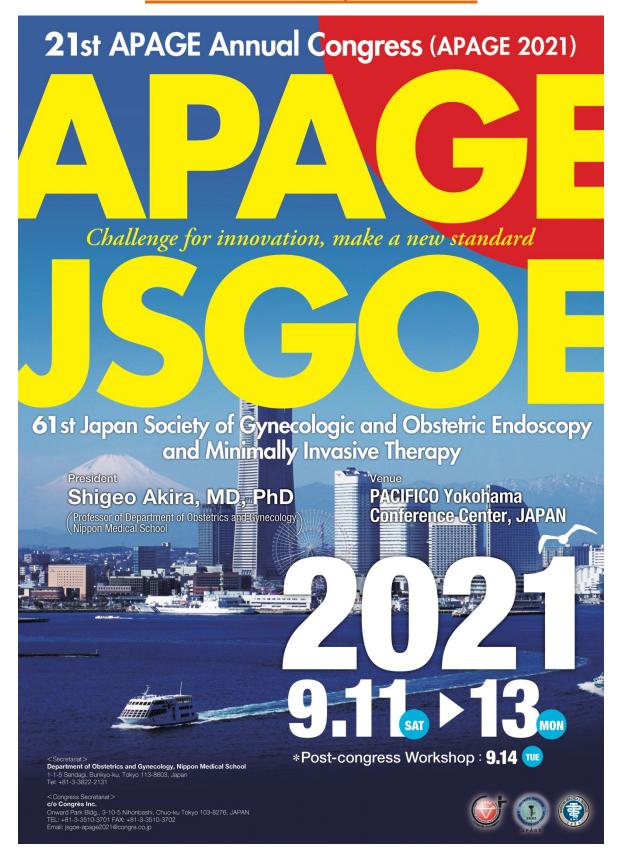


Thailand
Thai Society of Gynecologic
Endoscopists (TSGE)
Amphan Chalermchockcharoenkit,
M.D.

Affiliated Societies and ObserversArmenia, Cambodia, Jordan, Laos, Nepal, Vietnam

21st APAGE Annual Congress 2021

YOKOHAMA, JAPAN



Welcome Message

Dear Colleagues and friends,



On behalf of the Asia-Pacific Association for Gynecologic Endoscopy and Minimally Invasive Therapy (APAGE), it is my great pleasure to welcome you to the 21st APAGE Annual Congress hosted by

Japan Society of Gynecologic and Obstetric Endoscopy and Minimally Invasive Therapy (JSGOE).

APAGE is an academic association which dedicated to the gynecologic field, advancing the care of women through various scientific and educational events. Since 2003, we have gathered experts and scholars exchanging comprehensive knowledge and best practice to make the events informative and instrumental. In 2020, though the outbreak of the Covid-19, we have held thirteen webinars and three physical workshops all over the world. The feedback we received from participants has always been inspiring and motivating.

The Congress will contain prominent speakers, extraordinary panelists from all over the world, as well as hands-on demonstrations and has been put together as a collective effort by the organising committee of JSGOE. With every expert's great support, I believe you will find the Congress innovative, meaningful and enjoyable.

We advocate for better health for women as the core value and are seeking improvement in every aspect for the status quo. I believe the Congress will be a memorable and fruitful one.

Thank you and looking forward to meeting you in the 2021 APAGE Annual Congress in Yokohama, Japan!

Best Regards,

Chyi-Long Lee, MD, PhD

Chairman of Board of Trustees, APAGE



Dear Colleagues and friends,

With the great pleasure, I would like to welcome you to participate in the 21st APAGE Annual Congress on 11-13 September in Yokohama, Japan.

2020 was a challenging year in decades, the pandemic has changed how we learn, work, and interact as social distancing. However, the pace of Minimally Invasive Surgery never stops. We have held several webinars all over the world for the gynecologists who desired to improve their surgical skills and knowledge. With experts across the world sharing their inspiring topics and instructive experience, have made the events full of wisdom and vitality.

Taking this chance, we deeply appreciate Japan Society of Gynecologic and Obstetric Endoscopy and Minimally Invasive Therapy (JSGOE) for their effort in the 21st APAGE 2021 Annual Congress. It is very commendable seeing how JSGOE organizes the event so well in this unpredictable year. In addition, I would also like to express my sincere appreciation to those who have devoted to the gynecologic field all over the years in APAGE. I believe that we will keep the standard of excellence in quality and safety for the Minimally Invasive Therapy.

I hope the Congress will be successful and remarkable. Wish you have a delightful and memorable experience in Yokohama, Japan. We look forward to meeting you at this great event.

Best Regards,

Zhiqing Liang, MD, PhD

2019-2021 President, APAGE

Welcome Message



Dear Colleagues and friends,

It is my great honor to host the 21st Annual Congress of Asia-Pacific Association for Gynecologic Endoscopy and Minimally Invasive Therapy (APAGE), which will be held in conjunction with the 61st Japan

Society of Gynecologic and Obstetric Endoscopy and Minimally Invasive Therapy from Sept 11 to 14, 2021 in Yokohama, Japan. This will be the first APAGE congress in four years to be held in Japan, and the very first meeting to be held in the greater Tokyo area.

Over the years, APAGE has significantly contributed to the scientific and technological advances in gynecological endoscopy. The association has provided an opportunity to exchange new findings and ideas among those in the field, thus increasing patient access to the latest in minimally invasive surgery. It is my pleasure to bring APAGE and JSGOE members together, and to introduce the technology being developed in Japan.

The theme of the 2021 congress is " Challenge for innovation and make a new standard." True advances in minimally invasive surgery require innovation and validation. It is my hope that at this year's congress, we will be able to discuss state-of-the-art technologies and treatment methods on minimally invasive gynecological surgery, and to establish a new standard of treatment based on safety.

Yokohama, the host city of the congress, has prospered as a historic international trading port. It is easily accessible from the Tokyo International Airport (Haneda), and is in close proximity to central Tokyo and many famous tourist destinations (such as Mt. Fuji and Hakone). As you walk the streets surrounding the venue, you will see and feel the mixture of modern and classic cultures which makes Yokohama a unique city in Japan.

Though the COVID-19 pandemic continues to pose challenges into 2021, we will overcome the difficulties, and many new findings will be disseminated from Yokohama to the world. It is my sincere hope and belief that the APAGE/JSGOE 2021 Meeting will provide members with an opportunity to obtain far advanced knowledge and enjoy every congress program, and deepen friendly relationships with fellow colleagues.

I look forward to seeing you all in Yokohama, Japan in September, 2021!

Best Regards,

Shigeo Akira, MD, PhD

2021-2022 President, APAGE

The 20th APAGE Annual Congress 2019

September 20-22, 2019, Chongqing, China

















APAGE&SFMIH NOTES and Single port Workshop

November 29-December 1, 2019, Shanghai, China







TAMIG & APAGE 1st Web-Meeting:

The International Online Conference on Standardization of Radical Hysterectomy for Cervical Cancer

May 16, 2020, Taipei, Taiwan











APAGE - ISMIVS HIFU (AIH) 2020 Webinars

June 11, June 23, July 9, July 23, 2020, Online



Episode 1, June 11





Episode 2, June 23





Episode 3, July 9





Episode 4, July 23



The 8th APAGE -Tongji Gynecologic Minimally Invasive and Oncology Forum

July 18, July 25, August 1, August 8, 2020, Beijing, China & Online

































2020 APAGE Minimally Invasive Surgery Webinars

July 30, August 27, September 10, 2020, Online

Part I, Hysteroscopic Shaving Technique





Part II, Minimally Invasive Therapy-Cervical Cancer





Part III, Tips & Tricks in Laparoscopic Myomectomy & Adenomyomectomy





APAGE-TAMIG-IRCAD Gynecologic Endoscopic Hands-on Workshop for Residents

September 19-20, 2020, AITS-Taiwan, Taichung, Taiwan









APAGE Reproductive & Single-Port & Notes Hands-on Workshop

Violitor

November 21-22, 2020, AITS-Taiwan, Taichung



















APAGE & SFMIH Single-port & NOTES Hands-on Workshop and Fertility Preservation Forum

November 28-29, 2020, Online



























1st Live Webinar of Young APAGE Group (YAG) in

conjunction with BMIS

March 27, 2021, Online









TAMIG&TSRM&APAGE Reproductive Surgery in Infertile Patients-Incorporating Reproductive Surgery for Improving ART Outcome

April 18, 2021, Taipei, Taiwan







2021 APAGE Guangzhou Regional Meeting

May14-15, Guangzhou, China & Online























2021 APAGE Minimally Invasive Surgery Webinars

May 13, August 5, 2021, Online



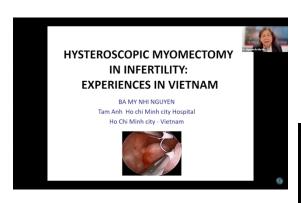
Part 1, Oncology & Robotic Surgery







Part 2, Reproductive Surgery











2021 Intermediate & Advanced Gynaecologic

Laparoscopy Course

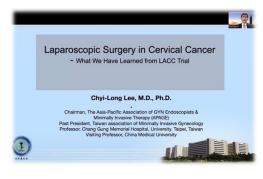
June 26, 2021, Online







INTERMEDIATE & ADVANCED















APAGE - ISMIVS HIFU (AIH) 2021 Webinars

July 22, August 26, October 28, December 16, 2021, Online

Episode 1, July 22









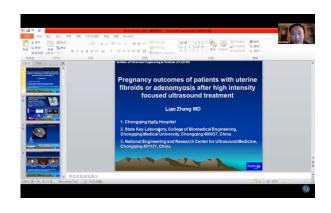
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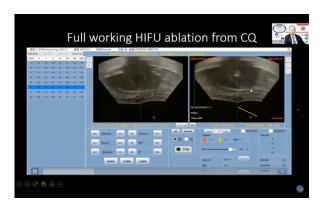


HIFU AND FERTILITY

JORDI RODRÍGUEZ

HIFU Unit, Mútua Terrassa Hospital





Episode 2, August 26





We look forward to seeing you at the third episode and fourth episode of APAGE - ISMIVS HIFU (AIH) 2021 Webinars

APAGE & TAMIG Advanced Gynecological Oncology Hands-on Workshop

August 21-22, 2021, Kaohsiung, Taiwan







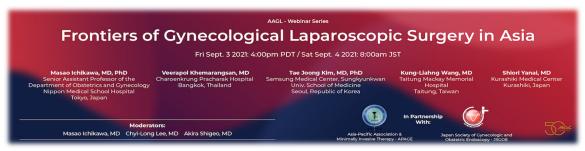






AAGL-APAGE-JSGOE Webinar

September 4, 2021, Online



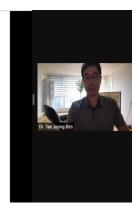






Do we need a **robot** in **safe** DIE surgery? Tae Joong Kim, MD., PhD.













Congress Report on Philippine Society for Gynecologic Endoscopy (PSGE) Annual Congress

From Dr. Angelica Anne A. Chua

The Philippine Society for Gynecologic Endoscopy (PSGE) recently held their Annual Congress and 17th Anniversary Celebration entitled, "MINIMALLY INVASIVE GYNECOLOGIC SURGERY: NEW DIRECTIONS" last July 14-15, 2021. The PSGE held this congress virtually in order to make Minimal Access Surgery accessible to all even during this time of the pandemic. This two-day virtual seminar was spearheaded by Dr. Maria Antonia Habana, the President of the PSGE while Dr. Regina Paz Tan Espiritu, the Vice President of the PSGE, was the overall chair for this annual congress.

Esteemed local and international speakers were invited to talk about the latest issues in Gynecologic Endoscopy during this 2-day virtual congress. The scientific program featured a diverse array of topics including discussions about office hysteroscopy, reproductive surgery, complicated surgeries, and techniques to minimize post-operative complications. A virtual "meet the experts" session was also included in the congress.

The first day of the congress was graced by international speakers namely Professor Chyi-Long Lee (Taiwan), Dr. Anthony Siow (Singapore), Dr. Mary Connor (United Kingdom), Dr. Herbert Sitmurong (Indonesia) and Dr. Claas Haake (Germany) while Filipino speakers were represented by Dr. Glenn Genuino, Dr. Jesusa Banal-Silao and Dr. Maria Antonia Habana.

Day two of the congress was equally exciting as international speakers Dr. Rajesh Devassy (Dubai), Dr. Hisao Osada (Japan), Dr. Guillaume Legendre (France) and Dr. Rudy Leon de Wilde (Germany) shared their experiences. Doctors Eileen Manalo and Angela Aguilar from the Philippines rounded out the lecturers for the day.

The virtual congress also included a Fellows' Forum where MIGS fellows shared video presentations of the interesting cases that they encountered during their training. MIGS practitioners were also given a chance to interact with local luminaries in the field of Minimally Invasive Surgery in a special session called, "Mentors' hour." Doctors Milagros Chan, Virgilio Oblepias, Regta Pichay, Delfin Tan and Felix Wong (Hong Kong), the pioneers in MIGS, candidly answered questions regarding how they started their MIGS practice, and the challenges they had to overcome to pave the way for the current MIGS practice in the country and overseas. A virtual social event was held on each night of the congress for all delegates to enjoy.

Albeit being held virtually, this meeting met its goal of advancing exemplary patient care, achieving better outcomes in gynecologic endoscopy; and fostering camaraderie in the MIGS community.

Event Report on OGSM-GESM-APAGE 2021 Intermediate & Advanced Gynaecologic Laparoscopy Course

From Dr. Peng Teng Chua

The Obstetrical & Gynaecological Society of Malaysia (OGSM) is the largest society representing Obstetricians & Gynaecologists in Malaysia. The Gynaecologic Endoscopy Sub-Committee (GES), after organizing a Basic Laparoscopy Workshop on 8th May 2021, has collaborated with APAGE and GESM in running the "Intermediate & Advanced Gynaecologic Laparoscopy Course". The online workshop combines lectures, updates as well as near live surgical videos with demo sessions for the participants. Due to the Covid-19 pandemic which is on-going, there has been great difficulty in ensuring continuous laparoscopic surgical training for doctors. This collaboration was provided to the participants free of charge in hoping that doctors and MIS enthusiasts benefit from a near-live teaching platform by Minimally Invasive Gynaecologic Surgery (MIGS) experts.

Experts from APAGE including guests of honor, Dr Chyi-Long Lee and Dr Kuan-Gen Huang, provided insights into Laparoscopic surgery for Cervical Cancer, as well as the principles in training and accreditation of Gynaecologic Endoscopic surgeon. Dr Chung-Hsien Sun demonstrated techniques vital to endometriosis surgery. Other Malaysian expert speakers were Dr Hazim who gave input regarding competency in MIGS, Dr Chua presented on TLH and uterine artery ligation together with demo of vNOTES surgery. Dr Aizura spoke on urinary tract injury in laparoscopy, Dr Sevellaraja shared points on Laparoscopic myomectomy and Dr Ida Lilywaty discussed on Laparoscopy in Urogynaelogy. Overseas experts, Dr Tomonori Hada from Japan lectured on techniques in large uterus TLH, Dr Kantathavorn from Thailand gave and update on ICG sentinel lymph node surgery. GES chair-person, Dr Sharifah Halimah Jaafar moderated the sessions together with team members Assoc. Prof Dr Ng Beng Kwang, Dr Low Kah Pin, Dr Lindy Bak & Dr Lee Chui Ling.

The total number of workshop registrants stood over 800. At any one time, the total number of online participants ranged from 350 to 400 and maintained steadily towards the end of the course. Numerous participant feedbacks indicated that they are interested in undergoing formal training in MIGS after the webinar experience. The participants of the day came from various countries which include, but not limited to the following (not in order): Malaysia, Vietnam, Indonesia, United States of America, Myanmar, Philippines, Australia, Thailand, Taiwan

The Gynaecologic Endoscopy Subcommittee of OGSM is grateful for the contribution and collaboration with APAGE-MIT, GESM. It is my hope that in future, similar collaborations and sessions can be embarked upon, in effort to propel Minimally Invasive Gynaecologic Surgery (MIGS) to greater heights and to ultimately benefit our patients in daily practice.

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Reflections on Fellowship Experience

(In Alphabetical Order)

From Dr. Ajay Agrawal



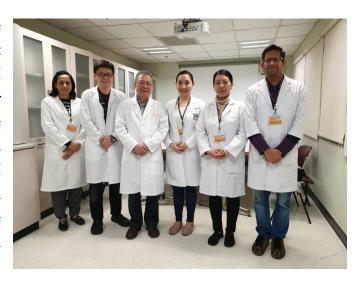
APAGE international fellowship in Minimal invasive surgery (MIS) in gynecology was an amazing opportunity to broaden my knowledge of laparoscopic and hysteroscopic surgical skills in gynecology in the fields like oncology, reproductive, urogynecology and pelvic floor.

It was an honour to be a part of Chang Gung Memorial hospital (CGMH), Linkou, Taiwan from 1st May 2019 to 30th April 2020 which is one of the largest and world-renowned hospitals. My eminent mentors Prof Dr Chyi Long Lee and Prof Dr Kuan-

Gen Huang, the inventor of Lee-Huang Point have been so generous to impart upon me all the techniques and skills in MIS in gynecology. Thanks to discussion on clinical cases and research which not only improved my skills but also enhanced my clinical knowledge in managing simple to complex cases. I hope to bring back home all these techniques to benefit our women.

I could also attend multiple national and international workshop and conference in the one-year period in Taiwan and Thailand where lecturers by experts all over the world and research experiences they shared with us were very fascinating. Learning, support and fun with co fellows, attending doctors, fellows, residents and secretariat of department of OBGYN, Linkou CGMH are ineffable. Turning to student after involved as teaching faculty at my institute is quite an alluring experience.

One of the best parts, Taiwan, truly Formosa gave opportunity to make a lot of friends from different nations and met leaders around the globe, with whom I collaborated and developed networking for better future in MIS. Overall, I would say Taiwan's culture changed my attitude. Yes, a lot of hardship and determination and sacrifice have been involved. But I tend to forget all frustrating phases; CGMH has given amazing memories to be cherished forever, life time networking, and a life itself. I hope to have long term relationship and support from CGMH team.



Ajay Agrawal, M.D. Dept of OBGYN, BPKIHS. Dharan, Nepal

Reflections on Fellowship Experience

From Dr. Marie Christine Valerie R. Mendoza

Over the past year, I faced the biggest adventure of my life as I embarked on my journey to pursue further training in gynecologic surgery in a foreign country. All I desired was to learn the minimally invasive surgical approach so I may be able to perform it for my patients. I attained so much more than surgical techniques and surgical pearls. Every day was filled with learning opportunities in and out of the operating theater. There were numerous surgeries ranging from the most common procedures to the most complex cases. There were discussions and



meetings wherein proficiency in presentation and debate were enhanced. There were various conferences that covered topics related to minimally invasive gynecologic surgery and opened my eyes and mind to diverse topics I initially had no interest in.





The fellowship was very enriching to the eyes, the mind and the hands. Furthermore, this fellowship gave me the chance to meet distinct personalities from different countries and cultures that broadened my perception of the world. I have gained valuable lessons that I will carry with me throughout my life. One of the lessons that struck me the most is the concept of minimally invasive surgery, that it is not having fewer number of incisions or smaller diameter of incisions but performing surgery with minimal complication while ensuring good and safe outcome for the patient. More importantly, my teachers inspired me to always do my best and to be teachers like them through their words and actions. There is no doubt that they have astounding surgical skills which they flawlessly demonstrate and impart to us. I am deeply grateful for the opportunity to learn from teachers who embody humility and generosity.

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This past year's adventure motivates me to constantly learn and teach the best way I can. It is true that so much of who we are is where we have been. Chang Gung Memorial Hospital and Taiwan will always be special to me, and I hope that equipped with all that I have learned in this fellowship, I will be able to impart the important lessons my teachers patiently and trustingly shared with me.





Marie Christine Valerie R. Mendoza, M.D. Philippine General Hospital, University of the Philippines-Manila, Phipippines

Reflections on Fellowship Experience

From Dr. Peng Teng Chua

APAGE International Fellowship: Soul-Searching & Inspiration To Last For A lifetime

It seemed not too long ago when I had the opportunity to meet Dr Chyi-Long Lee in Kuala Lumpur, Malaysia in 2018 during a Gynecologic Endoscopy workshop. I approached him and he gave me the nod to apply for the APAGE Fellowship programme in Chang Gung Memorial Hospital, in Linkou, Taiwan. Fast



forward to the current time where I am sitting in the dorm of the Education Building, penning this article, I thought to myself: Time has flown by, so fast. It is at this moment that I have a mixed feeling of sadness and happiness. Sad, knowing that my Fellowship in Taiwan has come to an end; Happiness because I feel that I can now live with myself, that I have tried my best to be better for my patients.

Picture 1: Meeting Dr Lee in Kuala Lumpur and applying for Fellowship



Picture 2:

Learning and working with the greats:

Dr Chyi-Long Lee & Dr Kuan-Gen Huang

Picture 3: Dr Huang in typical OR teaching session.

Privileged to learn from him



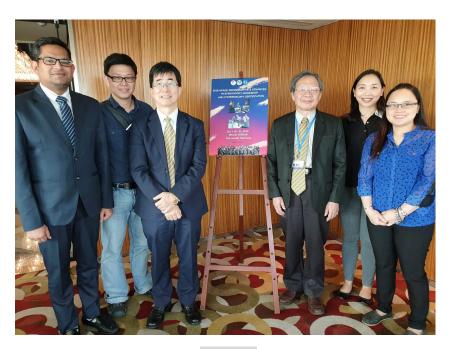
I fell in love with Taiwan akin to love at first sight: It's culture, people and infrastructure from the first day I landed on Taoyuan International Airport. I could still recall the fresh breeze in March 2019, the friendly concierge who greeted me in Fullon Hotel, the clean streets in front of Global Mall A8, the very efficient and fast MRT transit system. The first day at work, Dr Kuo took me and my other colleagues into his evening Operating Room that lasted till about 9PM. That day I was exposed to NOTES surgery, Single Port laparoscopic surgery, as well as hysteroscopic resections. Then through the rest of my Fellowship, it was a constant stream of mentorship, teaching, exposure, Hands-On training for Advanced Gynecological & Gyne-Oncological Minimally Invasive Surgery by Dr Lee and Dr Huang. Trainees undergo stipulated periods of observation, patient preparation, assisting and finally given the opportunity to perform surgeries. It is flexible and considers each trainee in individuality. The programme is tailored to each one's strengths and weaknesses.



Picture 4: Dry Lab with Dr Kuo and friends



Picture 5: One of the many beautiful Taiwanese scenes



Picture 6:
Advanced reproductive surgery workshop with our mentors

There were local and international workshops, where I had opportunities to present videos, get to train in small groups for NOTES; present speeches on Laparoscopic Radical Hysterectomy & exchange ideas with some of the great minds in MIGS. There was also an excellent Cadaver Hands – On Dissection course in TG-MET, Thailand where Fellows were taught how to dissect and create spaces in Laparoscopy, crucial to cases like endometriosis and cervical cancer. I was also able to attend a Hysteroscopic and Reproductive Surgery course in IRCAD, situated in Tai Chung. The networking was invaluable and an eye-opener for myself; It made me reconsider my perspectives in Minimally Invasive Gynecology. Dr Kuo has taught me much on suturing skills and there was dedicated Trainer Box session and Dr Jenny has frequently helped us with Hysteroscopy and its clinical application.



Picture 7: Video presentation in APAGE Annual Congress in Chongqing, China

Picture 8: The Three Musketeers



There were days where my body ached from being in the OR till late evening, then Dr Lee was always so kind to bring us Fellows out to rush for late dinner and chat over various issues close to his heart. Once, we even went to the Ochestra after work. Dr Lee shares a great amount of his experience and knowledge with us whether he is in or out of the OR. Dr Huang being Dr Huang was extremely strict in the OR, he demands only the best performance from us, to perform laparoscopic surgeries based on his standards. Dr Huang did not hesitate to pinpoint my mistakes for which I remain forever grateful. There was a constant stress of needing to perform in the OR, and to minimize mistakes and blunders. There was also a continuous process of self-study, reading, preparing research papers, video editing and learning. Every day in the OR felt like a test of physical strength and mental resilience. Then Dr Lee & Dr Huang would always surprise me with their warmth and kindness. I always feel that I am inadequate in many ways and may not be a good surgeon despite how hard I try. There were times I was on the verge of giving up, but Dr Huang will tell me: "It's Okay". Then Dr Huang will give us Fellows his trust to perform Gyne-Onco surgeries, while he sat patiently in the corner with watchful eyes, always ready to step in. All the bits and pieces that I learned throughout the year eventually turned into a complete set of Gyne Minimal Invasive surgery. I recall the first time I performed pelvic lymphadenectomy and was thankful that Dr Huang guided me through the seemingly daunting task.



Picture 9: Da-Vinci Robotics hands on

There were many things that I learned from my mentors, too many to list down in fact. Dr Huang's words on "Slow, Steady, Less is More, More is Less": still echoes in my brain. I could still hear Dr Lee's voice talking on Laparoscopic Radical Hysterectomy, and how important it is for the surgeon to feel the needle in Burch Urethropexy with a "No-Pain-No-Gain" policy.



Picture 10: One of the many though provoking sessions with Dr Lee, this one discussing MITOR Trial over tea.

I have come to realize three words to describe my Fellowship: Friendship, Gratitude and Inspiration:

Friendship: Taking a long break from my work & its politics to really immerse oneself in good company. I have met so many friends and fellows from different backgrounds, countries and beliefs. There were trips and eat-outs which were memorable, as well as events and celebrations which made a lasting impression. When I do travel, the scenery was breath-taking, particularly one where the sky seemed as blue as it can be. Those arguments and disagreements between us eventually turned into better understanding of each other. In future it is my hope that me and my colleagues will help propel MIGS and the APAGE family to greater heights, together. Taiwan is truly a beautiful and amazing country, seeing is believing. I would like to thank



Dr Ajay and Dr Valerie in particular, for being good colleagues and for all their support throughout my Fellowship, without them, I would not have achieved what I expected from myself.

Picture 11: With my friend and room mate Dr Ajay Agrawal in TGMET Cadaveric workshop

Gratitude: I am grateful and feel truly blessed to have been accepted into the Fellowship. To be accepted as a member of the APAGE family, and for my passion to be given a home to belong. For long I have struggled and looked hard to find a home for my interests and vision. I would like to thank Dr Lee, Dr Huang, Dr Kuo, Dr Jenny, Dr Siew Yen and many others in Chang Gung Memorial Hospital for their hospitality and generosity. Where I faced heartbreaks and difficulty to be accepted back home, APAGE and Chang Gung Memorial Hospital opened their arms. "The 1 year and 1 life", thank you.

Picture 12: Dr Huang, thank you for 1 year and 1 life.

A humble and skillful Lap Gyne-Onco Surgeon he is.





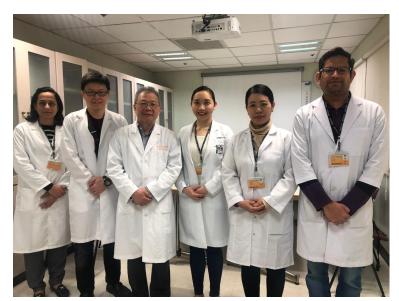
Picture 13: Dr Lee patiently teaching and supervising OR for me. Thank you for everything.

Inspiration:

"The time is always right to do what is right" from one of Dr Lee's speech on Laparoscopic Radical Hysterectomy.

"For the Surgeon: Head is more important than Hands" from Dr Huang.

"Treat The World With Human Values, Diligence & Simplicity Down-To-Earth" is a translation I made from the Chang Gung Memorial Hospital motto.



Picture 14: Friendship to last a life time

Looking back, I realized what I could have done better for my Fellowship. It is impossible to turn back time and to correct some of the pitfalls of mine, but what I can do is to learn from it and do better in whatever way I can. The Fellowship is centered around the trainee, with flexibility to learn and to progress based on what the trainee make of it. This Fellowship is a rite of passage for individuals who believe in and strive to excel in the field of Gyne Endoscopy and Minimally Invasive Therapy. Like Steve Jobs once said: "You can't connect the dots looking forward; you can only connect them looking backwards. So you have to trust that the dots will somehow connect in your future." This quote couldn't be truer, as after the 1 year when I started connecting dots, I can understand the reason behind many things I had difficulty grasping in the beginning.



Picture 15: Typical Fellow's Meeting

We must always remember that the field of MIGS faces adversity, both from within and without the fraternity. People are quick to condemn and disapprove of an innovative field that they do not understand and is relatively young. People are also quick to treat MIGS with hostility not because of patient interests, but most of the times due to self-preservation and self-interest. There is an adage saying: "doctors are doctors' worst enemy", which is easy to comprehend since it is not outsiders who question us, but rather the medical fraternity itself that treats MIGS as an adversary in many instances despite its' many benefits for the patient. We should

ensure the correct perception towards the field of Gyne Endoscopy & Minimally Invasive Therapy, to enhance ourselves and our organization for the betterment of our patients. We should treat each other with sincerity, comraderie and unity lest we be disrupted by external influences.

Last but not the least, I would like to thank Dr Chyi-Long Lee & Dr Kuan-Gen Huang again, for their acceptance of me as a Fellow and for accepting my flaws, and in doing so help me to rekindle a flame that has long been absent from my soul. I have searched hard for this past 1 year and through it all, I see the next 30 years.



Peng Teng Chua, M.D. Mahkota Medical Centre, Melaka, Malaysia

Reflections on Fellowship Experience & APAGE Events

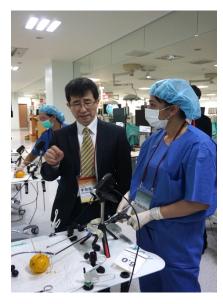
From Dr. Shazia Khan

MY REFLECTIONS ON 1 YR OF CLINICAL FELLOWSHIP



Minimally invasive gynecological surgery is an everchanging field with newer devices and techniques flooding the subspeciality regularly. It becomes essential for the gynecologist to learn and stay true to the basics to enable a smooth sailing in case of eventualities. I joined 1-year APAGE clinical fellowship on 31 Jan 2020 at Chang Gung Memorial Hospital, Linkou, Taiwan, and it was a wonderful journey of discovering the options MIS has to offer.

Under the skilled and expert mentorship of the stalwarts Proff Chyi-Long Lee and Dr Kuan-Gen Huang, I learnt not only to stay true to the basics but also that practice is the key to skill acquisition. From Proff Lee, I learnt the nuances of Deep endometriosis surgery and its wider applicability in todays world. I hadn't witnessed many vNOTES or single port surgeries in my hospital in India. Under Proff Lee, I could assist and learn the applications of vNOTES for both benign conditions and early-stage endometrial cancer. Dr Kuan-Gen Huang was a patient mentor, who tirelessly stood through long gynecological oncology surgeries, teaching not only the basics of surgical anatomy but allowing me to develop my endosuturing skills and hand eye coordination. From him I learnt gentle handling of tissues in endoscopy surgery, adequate OR room setup, instrumentation and the plethora of options available for tissue extraction.



By assisting and operating with them, my dream of hands-on training was fulfilled at APAGE.



I learnt the importance of research and publication in this world of 'publish or perish.' Under the motivating thrust of my mentors I was able to accomplish case reports, review articles, original article and a chapter for a textbook on MIS in my 1 year of fellowship. Despite the Covid -19 pandemic scourging the world, life in Taiwan carried on as usual albeit the masks and social distancing. I was lucky to have got the opportunity to present an oral and a video presentation at TAMIG Annual congress at Taipei, under the guidance of Proff Lee & Dr Huang. My paper on 'Laparoscopic enucleation of kissing ovaries and

DE resection' received the first prize in the oral presentation category.

The 'APAGE Reproductive & single port & NOTES hands-on workshop' conducted at IRCAD, Taichung on 21-22 Nov 2020 provided an excellent opportunity for both dry and wet lab experience. The animal workshop for single port surgery enabled me to familiarize myself with the ergonomics and the technical difficulties involved in this surgical approach. I am also grateful to the organizers for giving me the opportunity to present as speaker on 'Laparoscopic techniques of excision of deep rectal endometriosis' in the lecture series on Difficult case sharing.



This year-long training at Chang Gung Memorial Hospital, Linkou has been a truly enriching experience for me. It wouldn't have been possible without my colleagues -both local & international fellows in MIS, the skilful nursing staff, innovative attendings like Dr Hsin-Hong Kuo & Dr Chen-Yin Huang and my esteemed mentors who were patient and supportive in every step of the way. I would be failing if I didn't thank APAGE secretariat especially Nikki Cho and Brook, who were always there troubleshooting for us and making our stay and fellowship a comfortable and cherishable experience.



Though my fellowship has ended, my journey in the world of MIS has just begun. I carry with me the teachings of my mentors Proff Chyi-Long Lee and Dr Kuan-Gen Huang, back to India. APAGE will always be my stepping stone as I embark on the mission to train and educate my residents and colleagues in the MIS subspeciality. I highly recommend a clinical fellowship under the aegis of APAGE to all the budding endoscopists who are looking to widen their horizon and expand their skills.

Shazia Khan, M.D.

INHS Asvini, Colaba, Mumbai, India. (Armed Forces Medical Services of India)

Reflections on Fellowship Experience & APAGE Events

From Dr. Quenny Michelle Dyan A. Alas

My APAGE reflection

I started my APAGE endoscopic fellowship program on October 1st 2018, fresh and eager to learn gynecologic endoscopy from the topmost and distinguished mentors under the tutelage of APAGE. My one-year training at Chang Gung Memorial Hospital (CGMH) is substantially satisfying and fulfilling. I have learnt the basic and advanced endoscopic training as well as skills gained not only from my mentors but also, from residents, fellows and nurses of CGMH. I have attended a number of different workshops and conventions for free as part of my gynecologic endoscopy training that include basic and advanced hysteroscopy, laparoscopy and suture evaluation workshop on July 20-21, 2019 in Taichung, Taiwan; Asian Conference on Endometriosis (ACE) Pre-congress workshop on Electrosurgery and Total Laparoscopic Hysterectomy with cadaveric hands-on at Thailand-German Multidisciplinary Endoscopy Training (TGMET) Hospital, Bangkok, Thailand on August 28, 2019; the 8th Asian Conference on Endometriosis in conjunction with 13th reproductive APAGE Workshop on August 29-30, 2019 at Dusit, Pattaya, Thailand; Annual APAGE Convention in Chonqing, China on September 20-22, 2019; and free suturing workshops at CGMH from mentors of APAGE.

The basic and advanced hysteroscopy workshop was helpful as it not only discussed basic knowledge on hysteroscopy but also provided clinical and hands-on application of hysteroscopy. The workshop also provided basic knowledge, tips and tricks on basic and advanced laparoscopic suturing that can be applied when performing laparoscopic surgery. Fortunately, I had the privilege to try the Bigatti shaver.

The ACE Pre-congress workshop at TGMET Hospital, Bangkok, Thailand was an exciting experience as I had the opportunity to participate in the hands-on cadaveric workshop. The workshop was worthwhile as I got to apply the skills I learned at CGMH. The workshop was very detailed and comprehensive in terms of surgical application of the topics discussed. Likewise, the mentors and staff were generous in sharing their skills to us. I enjoyed the cadaveric workshop, especially during dissection of pelvic spaces, pelvic and paraaortic lymph node dissection. Most especially, I enjoyed the overflowing coffee and tea bar offered to the participants.

The Annual APAGE Congress at Chonqing, China was a good venue for learning in the field of minimally invasive surgery in gynecology and gynecologic oncology. I was able to present my video on Temporary Occlusion of Vessels Technique (TOVtech), a conservative approach in managing interstitial ectopic pregnancy during the YAG video presentation. Through the different videos presented, I was able to observe the different techniques performed by varied gynecologic endoscopists in the Asia Pacific region which I can apply later in my practice in the Philippines. More importantly, through this event, I was able to widen my horizon and establish camaraderie among young gynecologic endoscopists in the Asia Pacific region.

Quenny Michelle Dyan A. Alas, M.D. Adventist Medical Center, Illigan, Philippiness

To Apply for Fellowship - Important Notes for All Applicants

Steps

- 1. Submit an application form CV to apage.edu@gmail.com and apage.menbership@gmail.com
- 2. Confirm program starting date and duration with APAGE Secretariat
- 3. Submit the required documents 3 months (short-term) or 6 months (long-term) before fellowship begins
- 4. Complete membership registration and fee deposit
- 5. Apply for visa after receiving fellowship approvals from the Ministry of Health and Welfare in Taiwan

Required documents

- 1. The APAGE fellowship application form [Download via APAGE Official Website]
- 2. Curriculum Vitae (CV)
- 3. A copy of Diploma
- 4. A copy of medical practice license (in English)
- 5. A copy of passport (at least the remaining validation is 6 months)
- 6. Two recommendation letter
- 7. The latest copy of working experience or certificate (to prove that your working experience in gynecology is more than 2 years, and to be issued within 180 days before the training date)
- 8. 2 x 2 inches color photo (formal)
- 9. English Health report (done in working place and within 90 days of the training starting date)
- 10. A copy of certificate of international "Travel Medical Insurance" in English (issued by any of the insurance companies, the insurance item should be "Travel Medical" insurance and the insurance period should be the period of the training program) The cost of medical care and treatment during the period of training should be covered by the applicant.
- 11. Signed non-disclosure agreement [Download via APAGE Official Website]

 By completing the application, the applicants hereby agree to have their names, photos, and institutions announced on the APAGE website.

*For more specific information on the International Fellowship Endoscopy Training Program, please visit APAGE Official Website → Education → How to Apply (http://www.apagemit.com/page/about/index.aspx?kind=39)

Young APAGE Group (YAG)

Date of the 22nd Annual Congress

Friday, September 30 – Sunday, October 2, 2022

Qualification

Doctors under the age of 40, or members who have received training in APAGE certified facilities in 5 years are welcome to participate.

Other Requirements

Official Language: English

Video Format: MP2 or MP4 - with submission of an English abstract limited to

500 words

Video Length: 5-minute maximum, including titles, video clips and English

narration

Video Size: 750MB maximum

Accepted abstracts and videos will be presented in the YAG session in the upcoming 2022 APAGE Annual Congress in Taipei, Taiwan. All videos accepted for presentation will be posted on APAGE official website (www.apagemit.com) for educational purposes.

Young APAGE Group

YAG Video Submission for 2022 APAGE Annual Congress

A 5-minute short video with inspirational ideas & innovative surgical techniques.

APAGE Accreditation



APAGE is proudly to present its Accreditation Program!

The accreditation can be awarded to centers and individual surgeons performing and practicing minimally invasive gynecologic surgery.

The purpose of the program is two-fold. Firstly, the centers and/or surgeons achieving APAGE accreditation would demonstrate a high standard of minimally invasive surgical

practice as per APAGE guidelines. These units are quality assured. Secondly, the accreditation program focuses on teaching and training. ACMIG Centers provide training programs and the capacities to train. Surgeons seeking training in minimally invasive surgery can apply to these centers.

APAGE also provides three accreditations to assist in the evaluation of qualifications of surgeons. Endoscopic surgeons should demonstrate the necessary surgical competencies in dealing with the challenges in the treatment of gynecologic malignancies.

Three types of accreditations for surgeon:

- Gynecologic Oncologic Endoscopic Surgeon
- Gynecologic Reproductive Endoscopic Surgeon
- Gynecologic Pelvic Floor Reconstruction Endoscopic Surgeon

How to become an ACMIG Center?

- 1. Register by submitting an application form to <u>apage.edu@gmail.com</u>
- 2. Schedule an assessment date
- 3. Proceed to on-site inspection
- 4. Outcome of accreditation
- 5. Award of certificates at APAGE Annual Congress

How to become a Certified Surgeon?

- 1. Submit an application form to apage.edu@gmail.com
- 2. Submit the required documents/videos for review
- 3. Outcome of accreditation
- 4. Award of certificates at APAGE Annual Congress

Visit APAGE Official Website < http://www.apagemit.com/>

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- Article Type: Review Article, Original Article, Short CommunicationClinical Review, Case Report
- Must include a 250 words (max) abstract and keywords
- NLM Style of citation
- Submissions can be made online through Journal On Web for instant status review

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- 4. Fellowship Programme APAGE member can apply for our fellowship training programme and join one of our accredited training centre without additional charges.
- 5. Monthly Notification receive notification of the forthcoming events, monthly and annual newsletter of the APAGE.



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Fellowship



Events

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Country of Residence	Affiliation/Specialty
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Specialty Classification (Please select your specialty or add any of it's not on the list)	
Hysteroscopy/ Endoscopic Surgery/ Gyn Urology/ Basic Science/ Surgical Education/	
Robotic Surgery/ Endometriosis/ Reproductive Immunology/ Reproductive Endocrinology/	
Gyn Onology/ Others:	
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Duration	Membership Fee
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3 year membership	200 USD / 1400RMB
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password will be emailed to you within 7 days (unless otherwise specified). No refunds will be made.	
I declare that I have read and agreed with the terms and conditions listed above.	
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